



SUSHI ROLLS

Miso-Glazed Salmon.....	13	Crunchy Tuna Roll	13
California Roll.....	11	Sweet Potato Roll.....	9
Rainbow Roll.....	15	Spicy Shrimp & King Crab	13
Spicy Tuna Roll.....	11	Tuna & Thai Basil.....	12
Garden Roll	11	Spicy Crab Hand Roll.....	10

COOL PLATES & CORNBREAD

Hummus with Dukkah Spices and Hub Bread - Toasted Pita, Mediterranean Almond-Spice Dip	6
Big City Cornbread - Baked Fresh All Day.....	8
Guacamole & Tortilla Chips - Henry Farms Avocados, Roasted Tomato Salsa.....	11
Shrimp Ceviche - Key West Pink Shrimp, Jicama, Lime & Orange Juice.....	12
Ahi Tuna Poke - Avocado, Asian Rice Crackers.....	14
Shakishaki Tuna - Sushi Grade Big Eye, Spicy Ginger Marinade, Crispy Rice, Peanut Oil.....	14

SOUPS, SALADS & GREEN BITES

Miso Soup - Ginger Broth, White Miso, Tofu	4
Black Bean Turkey Chili - Smoky Pasilla Chiles	alone 6 with Corn Bread 12
Simple Green Salad.....	5
Arugula Caesar - Baby Arugula, Parmigiano Reggiano, Light Lemon Dressing.....	10
Brussels Sprout Salad - Medjool Dates, Almonds, Manchego Cheese, Mustard Vinaigrette	10
Sonoma Salad - Spinach, Grapefruit, Avocado, Walnuts, Sunflower Sprouts & Seeds, Cranberries	12
Dr. Ong's Thai Shredded Chicken Salad - Cabbage, Peppers, Scallions, Peanuts, Crispy Noodles.....	13
Roasted Turkey Chopped Salad - Smoky Bacon, Tomatoes, Avocado, Egg, Blue Cheese.....	13
Del Mar Seafood Salad - Gently Poached Shrimp & Peekytoe Crab, Chopped Vegetables.....	18
Three Green Bites - Edamame, Blistered Padrone Peppers, Tempura Green Beans.....	11

SANDWICHES

Deconstructed Egg Salad - Seven Grain Toasties.....	7
Build-Your-Own Tuna Salad Sandwich - Served with Mama Lil's Peppers	8
<u>The New & Improved Egg Sandwich</u> - Fluffy Scrambled Eggs, Truffle Butter, Melted Brie	8
Toasted Cheese with Sage - Served with a Field Green Salad.....	8
Knife & Fork BLT - Thick Slab Bacon, Tomatoes, Frisee, Point Reyes Blue Cheese, Herb Vinaigrette ..	10
Turkey Meatloaf Sandwich - All-Natural Ground Turkey, Sesame Seed Bun, All The Fixings	11
Crispy Baja Fish Sandwich - Achiote Marinade, Cornmeal Crust, Jicama Slaw, Chipotle Mayo	11
Turkey Stack - Shaved Roasted Turkey, Avocado, Havarti, Whole Grain Mustard, Toasted 9 Grain	11
First-Rate Cheeseburger with Hand-Cut Hub Fries - Fully Dressed	12
Grilled Vegetarian "Burger" - Patty of Lentils, Pintos and Ancho Chilies, Shredded Cheddar	12
The Skinny - Pounded Thin, Griddled All-Beef Patty, Mustard, Mayo, White Cheddar, Sauteed Onions ..	12
The Green Chili Cheeseburger - Grated Sharp Cheddar, Poblano Chilies, Chipotle Aioli	13
Really Good Ahi Tuna Burger - No. 1 Tuna, Avocado, Tomato, Lettuce, Mustard, Mayo, Ginger.....	16

SOFT TACOS & NACHOS

We press our own tortillas and griddle them fresh to order.

Pulled Chicken Nachos - Organic Chicken, Guacamole, Tomato Salsa, Cheddar & Oaxaca Cheeses	13
All-Natural Braised Chicken Tacos - Simmered with Jalapenos, Roasted Tomato Salsa.....	14
Slow-Cooked Pulled Pork Tacos - Braised Niman Ranch Pork Shoulder.....	15
Premium Grilled Fish Tacos - Housemade Baja Rub, Chopped Cabbage Slaw	16
Vegetarian Tacos - Simply Grilled Peppers, Zucchini & Asparagus.....	13
Filet Mignon Steak Tacos - Grilled Beef Tenderloin cooked to your liking	17

MAKE YOUR TACOS GREEN: For no extra charge, we'll be happy to replace the tortillas with crisp lettuce cups.

LUNCHEON PLATES

Huevos Rancheros - Over Easy Farm Fresh Eggs, Black Beans, Ranchero Sauce, Oaxaca Cheese	9
Chicken Enchilada Stack - Braised Organic Chicken, Salsa Verde	10
Grilled Amish Chicken Breast - Pounded Thin, Seasonal Vegetables	14
Charred Sake Salmon - Naturally Raised Salmon, Melted Fennel, Baby Spinach.....	19
Chilean Sea Bass - Horseradish Broth, Young Pea Tendrils	20
Off-The-Hook Fresh Fish - Changes seasonally, Ask what we're making today.....	AQ